

Essay

There has been over 25,000 children in the U.S with obesity. According to source C a health Northon Center Infographic. Kids in school have been eating a lot of junk food which they bought at school for the most part .1 out of every 3 kids have obesity and the rates have increased a lot. And another problem is they don't have a lot of don't have a lot of physical activity. I think schools should ban junk food for the two reasons which are junk food has impact on children and obesity in schools. With schools banning junk food this would make a difference and help kids have a healthier meal in school. This would also prevent more serious problems that can cause death and schools removing junk food this would help kids not be in risk.

The first reason is, Junk food has impact many children. Children/Kids eat junk food as a daily basis or maybe often. They eat junk food at school more than at home because they probably have limits at home and at school nobody is there to set limits for them. Which I am guessing because junk food is sold at many schools. "Nearly 17 millions U.S children ages 2-19 are obsessed with junk food" according to the (CDC) in Source E. Also "Money comes into the issue as well as school finishing" because kids buy the junk food at school daily and they are losing money. And going back to the argument Junk food has impact children a lot in the way of them spending money and their obsession of chips, soda, cookies, candy, and etc.. Junk food should be removed to help kids stay healthy and not waste their money on junk food.

The second reason why Junk Food should be banned is because of Obesity in schools. Over 300,000 people died each year due to obesity. The number of kids with obesity in schools has increased each year such as "the prevalence of fifth graders who were overweight or obese increased slightly each year since the year 2001" according to source E. Many kids may pack some chips, cookies, or soda along with their lunch which probably increases it slightly each year since they may do it on a daily basis. Another way obesity in schools gets in the way is "a disturbing trend in recent attempts to capture the rising rates of obesity the U.S" according to Source D. Schools should ban Junk Food for this reason as well because this could make a difference and would help save lives of children. This problem is so big in schools so I think they should take junk food out of schools due to this problem.

In conclusion, I think schools should ban junk food for the following reasons which are junk food has impact children and obesity in schools. Children shouldn't suffer because of junk food in schools but junk food in general. It would help them by getting them used to not eating it and would remove another resource from them getting it. And kids' lives matter and they should all be given the opportunity to live one without junk food.